



# Route to becoming a member of Addlestone Canoe Club



No or little kayaking  
experience



Come & Try it!



Introductory Course



Attend up to 4 Discover Paddlesport  
Sessions Saturdays 12:00-2:00



Decide which discipline to join...  
racing or whitewater and take  
advice as to which group to join.



Whitewater Group:  
On the water Saturdays 2:00-4:00



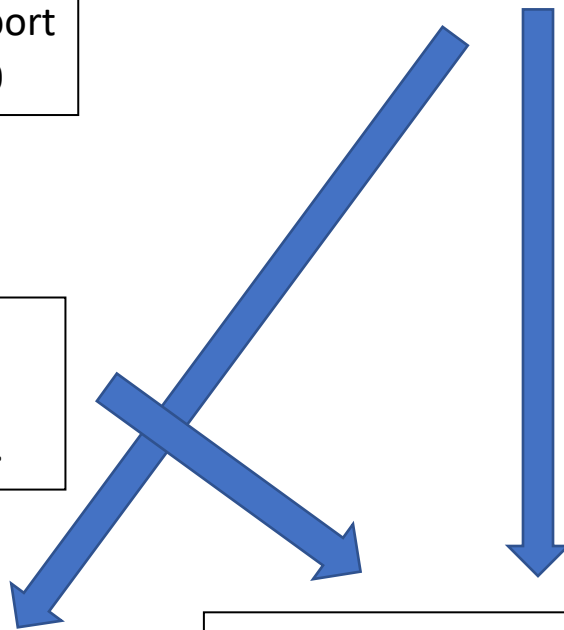
Experienced paddler  
wanting to join



Email [addlestonecc@gmail.com](mailto:addlestonecc@gmail.com)  
to request to meet a coach from  
your current discipline.



Take advice from coaches as to  
which group to join.



Racing Group:  
On the water  
Saturdays 10:00-12:00

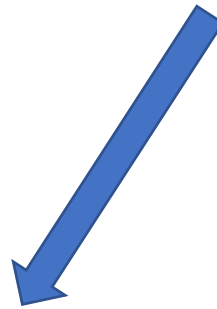
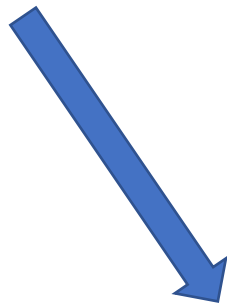
# Interested in...



Stand-up Paddleboarding (SUP)



Canadian Canoeing



Email [addlestonecc@gmail.com](mailto:addlestonecc@gmail.com) for more information.